

IMET2000-PAL NEWSLETTER

A Newsletter for The International Medical Education Trust 2000-Palestine



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CEO of IMET2000 appears on Al-Jazeera



Dr Malik Zaben

On the 7th of May, IMET2000's CEO Dr Malik Zaben was kindly invited by Al-Jazeera to talk about the IMET2000's activities and programmes in Palestine. Dr Zaben outlined IMET2000 overall vision and mission particularly outlining the key fields in which IMET000 have been active over the last decade in Palestine. He pointed out the ever-evolving programmes of health care professional training programmes in mental health, burns, physical trauma and professional development. He then proceeded to talk about IMET2000 joint- fight with other local NGOs and stakeholders against COVID-19 and their efforts in providing protective personal care kits airway management training for medical and nursing staff, and personal protective equipment to healthcare professional dealing with patients infected with the virus.

IMET2000 Provides Respirators for Palestinian Hospitals to Support the Fight Against COVID-19

As part of its ongoing support for healthcare professionals in Palestine, IMET2000 will be providing much-needed respirators to Palestinian hospitals within the next 2 weeks. In addition we will be providing newly introduced Corona virus testing kits to be trialled before can be rolled over for wider use in Palestine. CEO Dr Malik Zaben stated that IMET2000 will continue improving and supporting the medical sector in Palestine particularly in areas of need.



Professor Colin Green

IMET2000 Continues to Provide Training on Airway Management of Patients with COVID-19

In response to the needs of the frontline healthcare professionals in fighting COVID-19 pandemic in Palestine, IMET2000-Pal has organised a number of workshops focused on the acute airway management of such patients. The workshops were attended by healthcare professionals from many hospitals and were titled:

Healthcare Professionals' Management for Severe Acute Respiratory Infection (SARI) due to Coronavirus (COVID-19) Airway Management and Mechanical Ventilation

These workshops were attended by approximately 50 people from many different hospitals in Palestine including: Hebron Governmental Hospital, Beit Jalal Governmental Hospital, Muhammad Ali Al-Mohtaseb Hospital and Yatta Governmental Hospital. IMET2000 aims to improve relations with the Palestinian Ministry of Health in hopes of reaching the highest level of health care and teaching to combat coronavirus. The workshops were run by Saleh Abu Lafah and Muhammad Abu Rajab, who are both reliable instructors from the American Institute of Healthcare, and included a detailed run down of all the information needed to treat COVID-19 patients and different ways of protecting your self during treatment. In addition to that, a clear explanation on how to deal with the different symptoms associated with the virus was provided, and they went through some of the critical scenarios that can be expected. IMET2000 is committed to Palestine healthcare needs during this pandemic and thereafter and as much as we can!



Salfit Governmental Hospital



Hebron Governmental Hospital



Biet Jala Govermental Hospital



Mohammad Ali Al Muhtasib Hospital



Yatta Hospital

IMET2000 Continues to Support those Infected with COVID-19

In response to the recent rise in the number of COVID-19 cases in Hebron, IMET2000-Pal has been among the first organisations to provide parcels to the infected patients and the staff looking after them in 3 different centres: The Red Crescent Hospital in the Halhul region, Dahria emergency and Al-Samou. Parcels contained everything the patients need to look after and maintain their personal care. The recipients of the aid thanked IMET2000 for its swift response and support, and CEO Malik Zaben confirmed that during these troubling times they would continue to receive IMET2000's undying support.



My Story during COVID-19 Pandemic

by

Dr Ehab Balawi (Gaza), IMET2000 Scholarship in Neurosurgery-China



“Being a medical doctor had studied and worked in a stressful environment like Gaza and my short experience in the mental health sector, all these factors and events made me believe that my psychological resilience is very high and could tolerate any kind of stressors in the future. Actually, I had worked in one of the most stressful places, the Intensive Care Unit (ICU) for about 2,5 years. In parallel, 6 months before leaving Gaza, I joined the team of Doctors without Borders (MSF) to help in managing the increasing number of The Great March of Return injuries. I remember during that period that I’d to work for about 80 hours a week and was physically exhausted to a degree I couldn’t sleep without sleeping pills. In fact, being an expat by itself is very stressful, and being in China during the COVID-19 outbreak has changed my idea about resilience as I feel more vulnerable to psychological stress than any time before. The overthinking about one’s and beloved ones’ safety and the fact that you lack your invaluable social support and the studies that have stopped and the vague future of self and others all together makes anyone feels psychologically overwhelmed. Thankfully, in Chongqing, this situation did not last too long, and the number of COVID-19 cases was very small compared to its population, and no new cases were added to the toll starting from the 25th of February. This has helped the city to rearrange the quarantine rules and decrease the emergency response level. Meanwhile, some online courses have been launched for foreign students. And together with my supervisor and other students, we’ve kept online meetings to review the latest articles, researches and advances in neurosurgery. Personally, I restarted gradually my plans to set for the MRCS exam maybe next September and feel so enthusiastic to resume my training at the hospital starting from next week